

*Fly into Mexico City the morning of May 12, fly out of Guadalajara May 23.

May 12 – Arrival to Mexico City. Stay at Hotel Stanza in MC.

Payment: Credit Card

Contact: Margarita Pedroza ventas@stanzahotel.com (+5255) 5080-0905

Rates: Double room (two beds) at \$ 580.00

More information: www.stanzahotel.com/

May 13 - Chichinautzin volcanic field. Stay at Refugio de La Montaña Hotel in Amecameca.

Payment: Cash (they ask us to pay as soon as we arrive)

Contact: Srita. Iliana del Pilar Reyes García (+5259) 7976-8294

Rates: Double room (two beds) at \$ 280.00

May 14 – Popocatepetl north side. Hotel Calli in Cholula.

Payment: Credit card or cash

Contact: Sra. Isabel Hernández <gerencia@hotelcasacalli.com> (+5222) 2261-5607

Rates: Single room: \$ 360.00; Double room: \$ 430.00; Triple room: \$ 470.00

This hotel allows accommodating up to 4 people in a double room (double bed) at \$ 430.00, or 6 people in a triple room at \$ 630.00.

More information: www.hotelcasacalli.com/

May 15 – Popocatepetl southern side. Stay at Hotel Stanza in MC.

Payment: Credit Card

Contact: Margarita Pedroza ventas@stanzahotel.com (+5255) 5080-0905

Rates: Double room (two beds) at \$ 580.00

More information: www.stanzahotel.com/

May 16 - Nevado de Toluca and El Peñón volcanic area (Zitacuaro). Hotel Shambala in Zitácuaro.

Payment: Credit card

Contact: Yadira Matias shambala_camp@yahoo.com.mx (+5271) 5153-9942

Rates:

Double and triple bed rooms: \$ 450.00 per person.

The price includes dinner, next day breakfast, and lunch.

More information: www.campamentoshambala.com/i_welcome.htm

May 17 – Los Azufres caldera. Hotel Pie de la Sierra in Uruapan.

Payment: Credit card

Contact: Carmen Farías Gómez servicios@intermatsa.com.mx
(+5245) 2524-2510

Rates: Double \$ 600.00

More information: www.piedelasierra.com/es/index.html

May 18 – Parícutin volcano. Hotel Pie de la Sierra in Uruapan.

Payment: Credit card

Contact: Carmen Farías Gómez servicios@intermatsa.com.mx

Rates: Double \$ 600.00

More information: www.piedelasierra.com/es/index.html

May 19 - Jorullo volcano. . Hotel Pie de la Sierra in Uruapan.
Payment: Credit card
Contact: Carmen Farías Gómez servicios@intermatsa.com.mx
Rates: Double \$ 600.00
More information: www.piedelasierra.com/es/index.html

May 20-22 – Transportation to Colima.
Colima Volcano
Hotel in Colima: 2 options
Colonial
Rates: \$70- \$200

Dinastia
Rates: \$132-\$161

May 23 - Departure for USA and Canada

Information for EHaz Mexico Field Excursion 2008

Accommodation This will be in cheap hotels. See above.

Weather In Central Mexico, some showers have occurred during the last few days, so bring a rain jacket or poncho. At Popocatepetl, the weather can be cold (5°C) and/or windy be prepared for that. In Michoacán, the weather might be very hot at Jorullo volcano (35°C). At Colima, rain is unlikely, but not impossible. If everyone brings rain gear perhaps it will remain dry!!

Costs Hotels will cost between about \$15 and \$20 based on sharing a room. Please ask Eliza, Bill, John and Glyn they will have all information for hotels. Dinners will cost between US\$5 and \$15. If your budgets are tight there will usually be the cheaper options available. We will bring our lunches to the field.

Currency If you have a debit card, you always can withdraw some cash from the ATMs during the trip, or you could bring cash (maybe \$500 USD) and exchange it at the airport (the best rate you will find). If you want to exchange more money, in Michoacán and Colima there are several places where you may exchange, although the exchange rate would be not be so good, and it might be inconvenient. The exchange rate for an ATM withdrawal is usually OK.

- Laundry It is a tight schedule, but laundry is always possible at hotels at reasonable prices, in particular at Uruapan where we will be 3 nights.
- Things to bring Hat, Sun-block, insect spray, shorts are comfortable but sometimes thorns are a problem or the weather conditions change very quickly, bring those pants with zipper to convert into shorts. Bring good hiking boots, some terrain might be rough. Some people like to drink lots of water a “camel-bag” is a good solution, especially during long hikes. Don't over pack, as the vans will be tight as it is.
- Altitude During the Popocatépetl and Colima part of the excursion will reach over 4000 m. If anyone has had problems at altitude before they should let us know. Typically there are 1 or 2 people that are affected in a group and may need to be taken down.